Welcome to the Wegmans School of Nursing

Junior Orientation
WELCOME!
Overview of Nursing Program

- Fall (104) & Spring Admissions (80)
- Fall (Dec.) grads and spring (May) grads attend May graduation ceremonies
- Four to five nursing courses a semester
  - Classes on 2 days of the week
  - Courses are sequenced & build on knowledge from semester before
  - **Keep books**—put your name in books & on thumb drives
- **840 clinical hours total**
  - Juniors: 336 hours
    - J 1-1 clinical days per week
    - J 2-2 clinical days per week
  - Seniors: 504 hours
    - 2 clinical days per week
- High **contact hours**
- Complexity & intensity builds over the 4 semesters
“J1” First semester juniors
- NURS 300 Foundations: course, clinical & labs
- NURS 313 Health assessment: course & lab
- NURS 304 & L Nursing Leadership/Pt-Centered Care #1: course & seminar
- NURS 308 Genetics/Genomics: course
- NURS 312 Palliative/End of Life Care Volunteer time

“J2” Second semester juniors
- NURS 320 Patho/Pharm #1: course
- NURS 317 Adult/Gero-M/S course #1: course, sim lab, skills labs & clinical
- NURS 306 & L Nursing Leadership/Pt-centered care #2: course & seminar
- NURS 323 Childbearing Family: course, sim lab, skills labs & clinical
Curriculum Context

“S1” First semester seniors
- NURS 428 Patho/Pharm #2: course
- NURS 423 Adult/Gero-M/S course #2: course, sim lab, skills labs & clinical
- NURS 436 Research/EBP: course
- NURS 403 Psych course: theory, sim lab, skills labs & clinical

“S2” Second semester seniors: Shortened Semester
- NURS 431Peds: theory, sim lab, skills labs & clinical
- NURS 429 Public/Community Health: course & clinical
- NURS 446 & L Nursing leadership/Pt-centered care #3 course & seminar
- NURS 400 NCLEX Review: course
- NURS 449 & NURS 449 L: Labs during semester; 3 week FT clinical preceptorship (last 3 weeks of semester)
Prep for class is **essential**
- Do assigned reading, homework
- View podcasts

**Study Skills**
- More hours than many are used to
- Get a NCLEX-RN Review book to use **NOW**
- Use ATI & Smart Thinking resources (**orientation TODAY**)

**Time management is the “deal breaker”**
- Keep a calendar of all tests, assignments, papers
- Keep outside work hours reasonable
Resources for Student Assistance

- **Smarthinking tutoring**: Online ➔ Available to anyone, at any time!
  - Resources include drop-in tutoring, scheduled tutoring (nursing topics include pharmacology, med-surg, OB, peds, mental health and others), writing assistance and offline questions.
  - **FREE** for you to use any time.
  - Access Smarthinking from your MySJ FC portal page.

- **ATI and Evolve Resources**: Many resources offered:
  - Electronically through both the ATI and Evolve textbook resources.
Fuld Scholar Mentor Open Group Exam Reviews:

› The Fuld Scholars offer open exam reviews for their assigned courses prior to each unit exam.
› Open to any student to attend, regardless of grades.
› Faculty post sign-up sheets for these sessions.
  • Fuld Scholars WILL NOT be re-lecturing content NOR will they know what is on the exam.
  • Come with questions about areas you are struggling with and practice questions you are having difficulty with.
  • Fuld Scholars will bring resources with them to help with the review and share tips for studying.
Fuld Scholar Mentor Small Group Tutoring: If course average is 78 or less, course faculty will refer you to a Fuld Scholar Mentor for small group review sessions (2-3 students).
  › Only initiated after a meeting with your course faculty.
  › Come with questions/identified areas that you are struggling with. The Fuld Scholars WILL NOT be re-lecturing content NOR will they know what is on the exam.

College Based Resources:
  › Math Center: https://www.sjfc.edu/services/math-center/
  › Writing center: https://www.sjfc.edu/services/writing-center/
  › Smart Thinking: https://services.smartthinking.com/student/services/
Accommodations

- If you had academic accommodations in high school or college, you should continue whatever services you needed.
- These must be done through Office of Academic Affairs.
- IEP and/or 504 done within a reasonable amount of time will be accepted—see OAA.
- Can also get these for NCLEX-RN licensing exam.
Stay Healthy

- Try to achieve some work/study life balance
- Do not discontinue any regular medications that you take for chronic disease/wellness management during the semester → often leads to health crisis
- Support & resources are available at the Wellness Center (1st floor WSON)
  - Free of charge
  - Physical & mental health services
Information on College Policies

- Undergraduate Advising

- Student Conduct Process

- Academic Integrity
  [https://catalog.sjfc.edu/2017-2018/graduate/academic-information/academic-policies/academic-integrity/](https://catalog.sjfc.edu/2017-2018/graduate/academic-information/academic-policies/academic-integrity/)
Information on College Policies

- Office of Information Technology
  https://www.sjfc.edu/services/oit/

- Academic Calendar
  https://www.sjfc.edu/news-and-events/academic-calendar/

- Pay attention to drop/add dates
  - “W”, “F”, late fees
WSON Policies

- WSON Student Handbook
WSON Policies

- Professional Appearance and Behavior Guidelines
- Attestations
  - Uniforms & appearance
  - Social Media Policy
  - Sim Lab Attendance Policy
  - Health Insurance
  - Arrests or convictions
  - Access to WSON Student Handbook

Read, sign and return
Progression Policies

- **Dismissal from Nursing program**: fail two “NURS” courses
- **Leave of Absence**: 2 or more semesters → need to reactivate, “space available” basis; may need to re-take course(s)

Grading Guidelines: “C (75%)” or higher & complete all assignments

- Clinical courses
  - Pass clinical
  - “C” or higher on test average
  - “C” or higher on course grade
WSON Testing Policy

- Turn **off** all electronic devices (i.e., SMART phones, cell phones, beepers, IPODS, iWatches, etc.).
- All electronic devices, including devices that can record secured in backpack or purse and not accessed or used during testing.
- Only basic calculators allowed.
- All purses/backpacks, books, papers, food, drinks, and other materials, except a pencil/pen, placed in an area of the testing room designated by the proctor.
- Students may use a scrap piece of paper for calculations that is provided by the proctor only; no other papers are to be on student desks during testing. This scrap paper must be signed and returned to the proctor prior to leaving the testing area.
WSON Testing Policy

- No talking or eating/drinking is allowed during testing.
- Hats must be removed.
- The proctor may assign seats for testing.
- Attestations for academic honesty are signed by the student prior to starting the test.
- Looking around the room and at others' tests/computer screens is not allowed.
- Test questions are randomized; therefore tests are not the same.
- All students must remain in the testing area once the test has begun. If an emergency arises, the student will be escorted to and from the testing area by staff/faculty contacted by the proctor.
- All paper tests, with the attached signed attestations for academic honesty, must be signed and handed in to the proctor when the student is finished prior to leaving the testing area.
WSON Testing Policy

- Students must leave the testing area when they complete the exam and are not permitted to return to the area until all students are finished with the exam.
- **Students may not electronically, or by any means, copy, print, or duplicate any exam or part of an exam.**
- Students may not share or discuss test questions with other students or write down questions for others or their personal use.
- The consequences for cheating or altering test security, as determined by the course faculty, may include: a grade of zero for the test, failure of the course or dismissal from the nursing program. The college-wide Academic Integrity Policy is found at:

  [https://www.sjfc.edu/policies/academic-integrity/](https://www.sjfc.edu/policies/academic-integrity/)
WSON Policies

- **Sj FC Honors**
  - Invited when accepted to college
  - Specific courses senior year

- **Latin Honors** *(summa, magna, cum laude)*
  - Need 60 Sj FC graded credits

- **WSON Honors**
  - Apply for Honors Independent Study **NURS 498H** after junior courses completed with 3.5 GPA

- **Independent Study**
  - Meet with UG Chair

- **Internships**
  - Summer
    - During course registration, meet with UG chair; apply; register when accepted
WSON Fast Track

Criteria

- Intention to continue graduate study
- 3.3 GPA or higher in junior nursing courses
- Good references from junior year WSON faculty members and clinical instructors
- Discuss with advisor & apply after second semester junior year completed
  - S1 add one 2 credit graduate course (4 choices)
  - S2 substitute GNUR 509 for NURS 446 NLPCC #3
  - → 5 credits graduate work done with UG degree
Prevent Conflicts

- Identify conflicts and problems sooner than later

- Communication is the key

- Early intervention
  - See course faculty
  - Academic advisor
  - Chair of UG Program: Dr. Boev
  - Executive Associate Dean: Dr. Dollinger
  - Dean: Dr. Cooney Miner
Grievance procedures: Chain of Command

- Questions/appeals re: grades
  - Discuss with course faculty & UG Chair
  - If not resolved: put in writing to Exec. Associate Dean
- Professional behavior issue → within the WSON (Chairs, Exec. Associate Dean)
- Campus behavior issue → SJ FC Dean of Students
- Academic Integrity → SJ FC college wide committee hearing
Lab & Simulation Experiences

- Same professional behavior and uniform expectations as clinical
  - Common issues related to nail polish, jewelry, shoes, name tags
- For missed Simulation Center experiences $50 charge to reschedule
Questions About Clinical

- Notified of clinical assignments by UG Clinical Coordinator each semester
- Must be “in compliance” to start clinical
  - Health form/update (annual)
  - CPR card (AHA or ARC)
  - PPD (annual)
  - Flu shot (annual)
  - Personal health insurance
- MAKE COPIES FOR YOUR OWN RECORDS
Questions About Clinical

- **Students should not**
  - Use clinical unit phones for personal calls
  - **Use cell phones on units for any reason**
  - Use clinical unit computers for personal use (email, Facebook etc)
  - Download any patient information onto PDAs etc
  - Mention any information about clinical or patients/families on any social networking site...THIS INCLUDES YOUR PHONE & TEXTS
Clinical Update

- Students must be supervised by their SJ FC nursing clinical instructor and NOT staff for all medication administration.
- Nursing students cannot:
  - Administer IV push medications
  - Start IVs or draw blood from patients
  - Administer chemotherapy drugs
  - Administer any blood products
Professional Appearance Guidelines

Students are responsible for following these guidelines in **ALL Professional Settings**.

- **Jewelry:**
  - No rings except a single wedding band.
  - One pair of small earrings or earring posts only.
  - No other jewelry (e.g., bracelets, necklaces, chains, dangling earrings, etc.).
  - No facial or tongue piercings.
  - Gauges in the ear must be capped off and closed when in uniform.
Professional Appearance Guidelines

- Any offensive tattoo that is visible while the student is in uniform or professional dress must be covered during all clinical experiences.

- NO scrub pants, denim, jeans, sweat pants, stretch pants, leggings, tight-fitting, low cut, bare midriff or torn clothing*.

- NO open toes, sling-back shoes, crocs or clogs**.
Professional Appearance Guidelines

- Personal grooming:
  - Hair traditional/natural color(s) only, clean, neat, and short or secured above the collar.
  - Men: clean shaven or mustache/beard that is groomed and trimmed to a short length.
  - Nails clean and trimmed to prevent injury to clients. **No nail polish or artificial nails per hospital infection control policy.**
  - Any makeup minimal and conservative.
  - Strict personal hygiene is expected. (No perfumes, colognes or scented after shave lotion should be used. Many people have allergies to fragrances.)
  - No gum chewing (inappropriate in any professional setting).
Professional Appearance Guidelines

- Students must follow the clinical facility’s no smoking policies during clinical assignments. Student’s uniforms must be free of odor of tobacco smoke.

- Consumption of alcohol while in the St. John Fisher College student nurse uniform is strictly forbidden.
Uniform Policy

Please note that the nursing student uniform is a uniform only and no part of this uniform should be worn for any purpose that is not related to clinical. The student uniform is expected to be clean, pressed and professional in appearance at all times.

- White uniform top with WSON/SJFC logo on the left sleeve (uniforms available through the SJFC Bookstore).
- Wegmans School of Nursing ID retractable badge holder with alligator clip and a clear badge holder for the SJFC student ID. Your student ID has your first and last name, your picture, and the word “student” on it, which meets the requirements of the local hospitals. The badge holder and clip is ordered through the WSON.
- Only all white shirts may be worn under the uniform.
- Burgundy uniform pants. These are available only through the Bookstore.
Clean white or black shoes with adequate support should be part of the uniform and not for every day wear. (See ** above for details)

Skin tone or white stockings or white socks are required.

A white lab coat may be worn over the uniform shirt.

Students should carry a note pad, pen, stethoscope and bandage scissors with them.

A watch with a second hand should be worn.

Identification Badge
Placement: Worn on the front right side opposite the chest pocket. If you have a retractable badge holder, this can be clipped to the chest pocket or the “v” in the uniform top.
COMMUNITY HEALTH UNIFORM

- All Professional Appearance Guidelines
- WSON ID must be worn at all times i.e. must be clearly identified as a nursing student.
- Professional attire (attire that you would wear to a professional interview) and name pin should be worn.
  - Dress pants or business style skirts only (i.e. no short/tight/miniskirts, jeans, denims or cargo pants)
  - Collared shirt. No logos, no graphics, no T-shirts, no low cut, sleeveless or revealing shirts (i.e. no tank tops, camisoles)
  - Flat footwear (i.e. no high heels, no sandals, no flip flops)
- Students are expected to adhere to the WSON dress code and role model appropriate dress for clients.
Special Notes on Clinical Schedule

› Recess day off **only if** no scheduled clinical
› If holiday starts at 5pm →
  • Day (7am-4pm) clinicals are **on**
  • No evening (2-10pm) clinicals
› If classes resume after holidays on Monday afternoon →
  • Day (7-4pm) clinicals are **on**
  • Evening (2-10pm) clinicals are **on**
Are clinical days ever cancelled?

- If the college closes because of a snow day—it is on the college website and announced on local radio/TV stations
  - Issue is you may already be at clinical and it is safer to stay there—travel later in day is usually safer
  - You need to judge—do not travel if your safety is at stake
- If your instructor is ill→ you will be notified by the instructor ASAP
  - Make-up time scheduled
Where do I park at clinical sites?

- In whatever lots that are designated for students

- May need to get parking permits each semester from the hospital & pay fee

- Some require registration card—at least plate number etc

- Cannot use parking privileges that you use as an employee
How sick do I have to be to call in sick for clinical?

- Use your best judgment and common sense
- First responsibility is patient safety
  - Notify clinical instructor and unit where you are scheduled ASAP
  - First day of clinical → get contact info for clinical instructor and the unit at the hospital or agency
  - Helps to have thermometer on hand to check your temp
Students should not attend clinical if:

- Have a fever (temp > 100° F or 38° C)
  - Free of fever for a full 24 hours before returning to clinical
- Have an open wound
  - N.B. Students in OB → no clinical if any cold sores or other herpes infections that are exposed
- Have vomiting &/or diarrhea
- On antibiotics for < 24 hr for communicable bacterial infection like strep throat
- Have an undiagnosed rash on exposed skin
- Are on medications that cause significant drowsiness or makes it unsafe to drive
Do I need a note from a health care provider if I miss clinical?

- **One clinical day** → NO
- **One clinical week or more** → YES
  - Health care need that develops after enrollment in the nursing program, prior to, or during the clinical experience → absent for more than one day,
  - Submit written medical approval from a health care provider in order to return to clinical practice.
  - Document student's ability to function as a student nurse, at full capacity, in the acute care or community health setting.
- **For injury or surgery sustained after medical form done** → need updated medical clearance

(WSON UG Handbook)
Questions?