

# Wegmans School of Nursing Juniors 2<sup>nd</sup> Semester Clinical Newsletter July 2011

*Information and announcements that will help you as you begin the next academic year are provided in this newsletter. Please read carefully and save the newsletter for reference.*

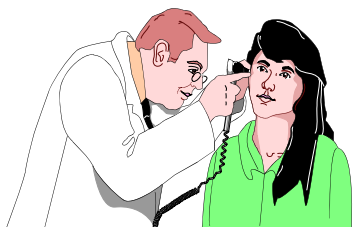
- If you have academic advising questions over the summer, contact Dr. Marilyn Dollinger, Associate Dean and Chair of the Undergraduate Program at 585-385-8476 or [mdollinger@sjfc.edu](mailto:mdollinger@sjfc.edu).
- Questions about clinical compliance should be directed to Judy Martz at 585-385-8241 or [jmartz@sjfc.edu](mailto:jmartz@sjfc.edu)
- Health Insurance Coverage: Our clinical agencies require that nursing students have health insurance coverage to do clinical rotations in the hospitals. For students who are not covered under their own or their parents' insurance, coverage is available from the college; <http://www.sjfc.edu/campus-services/wellness/insurance.dot> Please plan ahead if you need this coverage for the 2011-12 academic year.

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## ANNUAL REQUIREMENTS -- For ALL Hospitals and for ALL Clinicals

### 1. Physical Exam & Immunizations

Every student must have documentation of a complete history and physical exam on file at the college. The form is at <http://www.sjfc.edu/dotAsset/140612.pdf> (health history form) and <http://www.sjfc.edu/dotAsset/134560.pdf> (immunization form).



Once this requirement has been met, students may complete subsequent annual health update requirements by completing the Health Update available on-line at <http://www.sjfc.edu/dotAsset/93668.pdf>

**Send forms to Wegmans School of Nursing, Attn: Judy Martz, 3690 East Ave, Rochester, NY 14618 due August 1<sup>st</sup> — if you have not submitted this do so STAT. These will be logged in and the health records sent to the SJFC Wellness Center for your student file.**

**\*KEEP A COPY FOR YOUR OWN RECORDS\***

If the date of your exam is mid-semester—you will need to update your form on or before that date and resubmit the updated form to nursing at that time.

#### *On your health form...*

You must provide proof of immunization against measles, mumps, rubella, hepatitis B, and proof of an annual PPD (need BOTH the date shot was placed and date shot was "read.")

- *If you have a positive PPD, complete the screening questions on the Annual Health Update and provide documentation of results of a recent chest x-ray.*
- *If you have not received the full course of the hepatitis B vaccine, then proof of the first administration must be provided or a waiver must be signed. A waiver for the Hepatitis B series is available on the WSON website. Once the series is complete, submit verification of the full course of the vaccine.*

You are required to get **a seasonal flu shot when they start offering them this fall. (Generally, the new serum is available after mid-August.)**

**Students will not be notified of their clinical group assignments until they are in 100% compliance for clinical i.e. health form, immunization, PPD documentation, and CPR card have been submitted to Judy Martz.**

- **The deadline is 8/1/11-- if you have not submitted this do so STAT. Once you are in compliance, your name will be added to the clinical assignments that will be sent via email weekly to your SJFC email account.**

## 2. Health Insurance

Our clinical agencies require that nursing students have health insurance coverage to do clinical rotations in hospitals. For students who are not covered under their own or their parents' insurance, coverage is available from the college:  
<http://www.sjfc.edu/campus-services/wellness/insurance.dot> Please plan ahead if you need this coverage when you enroll for the 2011-12 academic year.

## 3. CPR Card

Prior to the beginning of each clinical year students must have a current CPR card from either

- American Heart Association (**BLS for Health Care Providers**)
- Or
- American Red Cross (**CPR/AED for Health Care Providers**) – these should be good for two years, but check with the unit providing your training to be sure.

Students are expected to show proof of current CPR certification at the beginning of each semester. This is a responsibility of the student and a requirement of both the Wegmans School of Nursing and the affiliated clinical sites.

Send a **copy** of your CPR card to: *Judy Martz, Wegmans School of Nursing, St. John Fisher College, 3690 East Ave, Rochester, NY 14618 due August 1, 2011 -- if you have not submitted this do so STAT.*

## 4. Mandatory Healthcare Organization Orientation Packet for students (must be done annually)

The updated document containing the mandatory healthcare organization orientation review packet will be posted on the WSON webpage at approximately mid-August. See <http://www.sjfc.edu/dotAsset/104699.pdf> and on the NURS 317 Blackboard (Bb) site for juniors (J2). **All students** should print off the post-test ONLY (the review packet is a 50+ page document). Read the document on screen, and complete the post-test on Bb or if using the web site, print the post test and complete it. The post-test must be done every year before students are allowed in the clinical site.

**Students will not be notified of their clinical groups assignments until they are in 100% compliance for clinical i.e. health form, PPD documentation, CPR card have been submitted to Judy Martz. The deadline is 8/1/11 except for the seasonal flu shot. Once you are in compliance, your name will be added to the clinical assignments that will be sent via email to your SJFC email account.**

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## **GETTING ORGANIZED FOR THE SEMESTER:**

### **St. John Fisher College E-Mail & WSON Mail Folders**

Appropriate and timely communication is vital, so check your SJFC e-mail account and mail folder in the Undergraduate Learning Resource Center (208 WSON) *on a daily basis* during the semester. The faculty uses these methods to communicate with students, return papers, assignments, and clinical work.

### **Blackboard**

Check each of your nursing classes prior to the beginning of the semester for updates on room assignments, course syllabi, reading assignments, etc. During the semester, faculty will post a variety of documents on Bb that you will need: PowerPoint notes, class outlines, clinical documentation forms as well as announcements and reminders for class preparation. You should check Bb announcements daily for class and clinical updates.

***You should print the course syllabus from each of your courses in Bb and bring to the first day of class.***

### **Standardized Testing**

All students will be taking a series of ATI Standardized Tests as part of the Wegmans School of Nursing commitment to your success and the improvement of the curriculum. For most of the content-based tests, practice exams are available to students on the Internet. The passwords will be posted by the course faculty on Bb. It is recommended that you utilize these learning opportunities by doing the practice tests as part of your preparation for class tests.

### **“Fast Track” Information**

Faculty will be visiting one of your classes this fall to talk to you about the criteria and application process for the “Fast Track”. Interested second semester junior students can apply for the “Fast Track” at the completion of all junior level nursing courses. The fast track allows the student to be admitted to the MS program (special status) and take up to two designated graduate core courses in your senior year. You can review the guidelines in the WSON Undergraduate Nursing Handbook available on the WSON website.

## [COURSE REMINDERS FOR JUNIOR 2 STUDENTS \(Spring '11 cohort\)](#)

REMINDER: Each year, all students are required to read the **mandatory review for all of the clinical agencies** and complete the post-test. The document will be posted on the WSON website <http://www.sjfc.edu/dotAsset/104699.pdf> and on Bb for NURS 317 in mid-August. Complete the post-test on Bb or if accessing it from the website--print off the required post-test and complete it after reviewing the materials. Bring the completed post-test to the first NURS 317 lab. This post-test must be completed before starting *any clinical course*.

**NURS 306-Nursing Leadership & Patient Centered Care: Dr. Tammy Roman**

**First class is 9/12/11**

**Required Books:** See <http://sjfc.bncollege.com>

**NURS 306 Seminars:**

**L1 Seminar-1<sup>st</sup> class meeting 9/12/11 (Dr. Roman)**

**L2 Seminar-1<sup>st</sup> class meeting 9/19/11 (Dr. Roman)**

**L3 Seminar – 1<sup>st</sup> class meeting 9/15/11 (Dr. Mapstone)**

**L4 Seminar – 1<sup>st</sup> class meeting 9/22/11 (Dr. Mapstone)**

**NURS 310 Advanced Concepts/Cultural Comp: Dr. Cynthia McCloskey**

**First class is 9/7/11.**

**Required Books:** See <http://sjfc.bncollege.com>

**NURS 312 Palliative/End of Life: Faculty TBA**

**First class is 9/7/11.**

**Required Books:** See <http://sjfc.bncollege.com>

**NURS 317-01 Adult Health Nursing I: Dr. Tammy Roman**

**First class is 9/7/11 and see schedule below for lab days**

**NURS 317-02 Adult Health Nursing I: Dr. Tammy Roman**

**First class is 9/8/11 and see schedule below for lab days**

**Class:** Information will be available on Blackboard in August.

**Required Books:** See <http://sjfc.bncollege.com>

**NURS 319 is the full-time preceptorship during the last two weeks of the semester. You must pass NURS 317 in order to participate in NURS 319. You should be registered for this class at the beginning of the semester even though it does not start until the end of the semester.**

**NURS 320 Pathophysiology and Applied Pharmacology I: Professor Heidi Springer**

**First class is 9/12/11.**

**Required Books:** See <http://sjfc.bncollege.com>

## Fall '11 Schedule for Labs for Continuing Juniors (J2s)

Monday 9/5	Tuesday 9/6	Wednesday 9/7	Thursday 9/8	Friday 9/9
		<b>NURS317-01 1<sup>st</sup> day of class</b>  <b>NURS310 or NURS312</b>	317-02 1 <sup>st</sup> day of class 317 Thursday clinical groups in class 7:30am-9:30 am & lab 9:30am-4pm	317 Friday clinical groups in class 7:30am-9:30am & lab 9:30am-4pm
Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
<b>NURS306</b> <b>NURS306 L-1</b>  <b>NURS320</b>	317 Tuesday clinical groups 730am-9:30 in classroom & lab 9:30 am-4pm	<b>NURS317-01-lecture</b>  <b>NURS310 or NURS312</b>	306 L-3 317-02 lecture 317 Thursday clinical groups 730am-930am in classroom & lab 0930-4pm	317 Friday clinical groups 730-930 in classroom & lab 0930-4pm
Monday 9/19	Tuesday 9/20	Wednesday 9/21	Thursday 9/22	Friday 9/23
<b>NURS306</b> <b>NURS306 L-2</b>  <b>NURS320</b>	317-Tuesday clinical groups-- 1 <sup>st</sup> clinical day in hospital—return to college lab for skill check-offs in afternoon	<b>NURS317-01 lecture</b>  <b>NURS310 or NURS312</b>	306 L-4 317-02 lecture 317 Thursday clinical groups-1 <sup>st</sup> day in hospital-return to college lab for skill check-offs in afternoon	317 Friday clinical groups—1 <sup>st</sup> clinical day in hospital-return to college lab for skill check-offs in afternoon

Clinical group assignments will be emailed to students on their SJFC email account in late July/August. Students will not be notified of their clinical assignments until they are in 100% compliance for clinical. **The deadline is 8/1/11.** If your name is not listed in a group—Judy Martz does not have all of your paperwork to show that you are in compliance (CPR card, health form, PPD, Hepatitis B immunization dates or waiver). Once you are in compliance, your name will be included on the next weekly email.

### WSO PROFESSIONAL DEVELOPMENT OPPORTUNITIES:

#### **Student Nurses Association**

The Wegmans School of Nursing has a Student Nurses Association and all the nursing students (freshmen through seniors) are encouraged to join and attend meetings. General business meetings occur approximately once a month. Look for posted flyers announcing the date and time of the first meeting. Consider volunteering as an officer or for one of the committees. Nominations for officers will occur at the first meeting.

#### **Nursing Academic Honor Society**

Sigma Theta Tau International (STTI), the Honor Society for Nursing, promotes the growth of nursing by sponsoring education programs, providing grants to researchers, disseminating the results of nursing research, and providing a forum for discussing nursing practice.

The Delta Sigma Chapter of STTI is the Wegmans School of Nursing's honor society chapter. Students who have completed their junior year in nursing may be invited to join based on their class rank (upper 35% of class) and a nursing GPA of 3.0 or higher. Students who are invited to join will be inducted in late October or November.

[As a reminder....](#)

**Professional Appearance Guidelines from WSON Undergraduate Handbook:**

Students are responsible for following these guidelines in **ALL Professional Settings**.

1. Jewelry:
  - a. No rings except a single wedding band.
  - b. One pair of small earrings or earring posts only.
  - c. No other jewelry i.e. bracelets, necklaces, chains.
  - d. No facial or tongue piercing.
2. Any offensive tattoo that is visible while the student is in uniform or professional dress must be covered during all clinical experiences.
3. NO scrub pants, denim, jeans, sweat pants, stretch pants, tight-fitting, low cut, bare midriff or torn clothing
4. NO open toes or sling-back shoes, nylon/canvas sneakers, crocs or clogs. (shoes must be able to be wiped clean if there is a blood/body fluid spill).
5. Personal grooming:
  - a. Hair should be traditional/natural color(s) only, clean, neat, and short or secured above the collar.
  - b. Men must be clean shaven or have a mustache/beard that is groomed and trimmed to a short length.
  - c. Nails must be clean and trimmed to prevent injury to clients. No nail polish or artificial nails per hospital policy.
  - d. Any makeup should be minimal and conservative.
  - e. Strict personal hygiene is an expectation. (No perfumes, colognes or scented after shave lotion should be used. Many people have allergies to fragrances.)
  - f. Gum chewing is not appropriate in any professional setting.
6. Students must follow the clinical facility's smoking policies during clinical assignments. Student's uniforms must be free of odor of tobacco smoke.
7. Consumption of alcohol or other medications/illegal substances that can impair judgment or performance while in the St. John Fisher College student nurse uniform is strictly forbidden.

**UNIFORM POLICY**

*Please note that the nursing student uniform is a uniform only and no part of this uniform should be worn for any purpose that is not related to clinical. The student uniform is expected to be clean, pressed and professional in appearance at all times.*

1. White uniform top with SJFC Patch on the left sleeve.
2. Standardized name pin that is ordered with the uniform top.
3. Only all white shirts and underwear may be worn under the uniform.
4. White or wine uniform pants or skirts (acceptable length for care activities. (Wine color uniform pants must be purchased through Dove Professional Apparel only.)
5. Clean white shoes with adequate support should be part of the uniform and not for everyday wear.

6. Skin tone or white stockings or white socks are required.
7. A plain white or navy blue sweater or white lab coat may be worn over the uniform shirt.
8. Students should carry a note pad, pen, stethoscope and bandage scissors with them.
9. A watch with a second hand should be worn.

### **COMMUNITY HEALTH UNIFORM AND MENTAL HEALTH SETTING UNIFORM**

1. Professional dress clothing and name pin should be worn. (See above for specific details on professional appearance).
2. Students are expected to adhere to the agency's dress code and role model appropriate dress for clients.

#### **NAME PIN**

- Should read: First Name Last Name (i.e. Mary Smith)
- Placement: Worn on the front side opposite the chest pocket. The location of the name pin may change with the clinical setting for patient considerations.

#### **UNIFORM PATCH**

- Placement: Left sleeve equidistant between the shoulder seam and the top of the cuff. The patch may be pressed on or sewn on tightly to the material. It cannot be loose and sloppy looking.

7/11